

# Food



**15 GALLONS WATER (PER PERSON)**

**1 JAR PEANUT BUTTER**

**1 BOX CRACKERS**

**4 BOXES ENERGY BARS/SNACKS**

**4 CANS SALMON OR TUNA**

**2 CANS FRUIT**

**4 BOTTLES JUICES**

**1 POTTED MEAT**

**1 BOX GRAHAM CRACKERS**

**2 CANS VEGGIES**

**2 CANS CHICKEN**

**DRIED FRUITS & NUTS**

**COMFORT FOODS**

# Supplies



## **FIRE:**

**MATCHES**

**LIGHTER OR FIRESTARTER**

## **LIGHT:**

**FLASHLIGHTS**

**LANTERN**

**CANDLES**

## **HEATING & COOLING:**

**EXTRA BLANKETS**

**SLEEPING BAG**

**INDOOR-SAFE HEATERS**

**WINTER GLOVES & SCARF**

**USB-POWERED FAN**

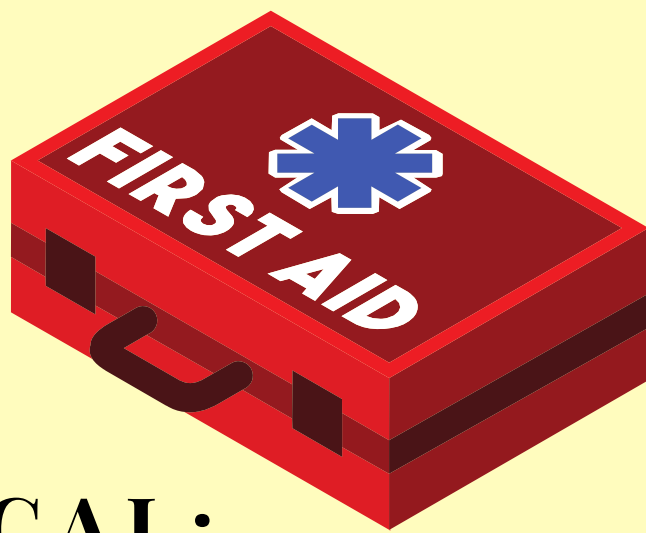
**SUNSCREEN**

## **SHELTER:**

**A TARP**

**PLASTIC SHEETING**

# Supplies



## **MEDICAL:**

- **FIRST AID KIT & GUIDE**
- **LATEX GLOVES**
- **TWEEZERS**
- **THERMOMETER**
- **ALLERGY/PAIN RELIEVER**
- **SCISSORS**

## **HYGIENE:**

- **WET WIPES**
- **HAND SANITIZER**
- **ANTIBACTERIAL SOAP**
- **CAMP SOAP**
- **2 ROLLS TOILET PAPER**
- **1 BOX FACIAL TISSUES**
- **FEMININE SUPPLIES**

# Supplies



## **TOILETRIES:**

- TOOTHBRUSH & TOOTHPASTE**
- BAR SOAP**
- SHAMPOO & CONDITIONER**
- WASHCLOTHS & TOWELS**
- COMB & BRUSH**
- DEODORANT**

## **PERSONAL:**

- CHANGE OF CLOTHING (FOR BAG)**
- STURDY SHOES (FOR BAG)**
- UMBRELLA/RAIN JACKET**
- EMERGENCY BLANKET (FOR BAG)**
- SMALL PILLOWS**
- WHISTLE**
- FACE MASK**
- CASH**

# Supplies



## **CLEANING:**

- **DISINFECTANT**
- **CHLORINE BLEACH**
- **1 LIQUID DISH SOAP**
- **WORK GLOVES**
- **PLASTIC BUCKET & LID**
- **GARBAGE BAG & TIES**

## **TOOLS:**

- **WRENCH FOR GAS LINES**
- **SCREWDRIVER**
- **PLIERS**
- **UTILITY KNIFE**
- **DUCT TAPE**
- **COTTON ROPE**
- **AXE**
- **SHOVEL**

# Supplies



## COMMUNICATION:

- CELL PHONE
- 1-WAY NOAA WEATHER RADIO
- WATERPROOF NOTEPAD & PEN

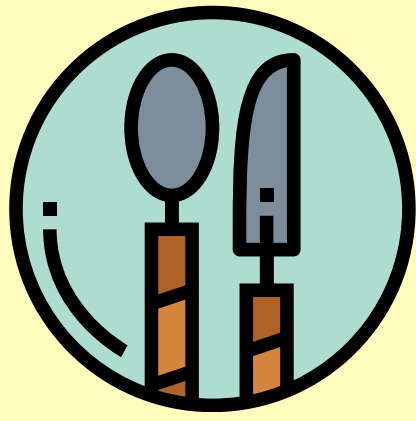
## POWER:

- EXTRA BATTERIES
- CHARGERS
- GENERATOR (OPTIONAL)
- SOLAR CHARGER (OPTIONAL)

## IMPORTANT INFO:

- EMERGENCY CONTACT INFO
- LOCATION OF NEAREST HOSPITAL
- LOCAL MAPS
- COPY OF DEED/TITLE
- COPY OF INSURANCE POLICIES
- BIRTH CERTIFICATE

# Supplies



## PAPER GOODS:

- 1 PKG EATING UTENSILS
- 1 PKG PLASTIC CUPS
- PAPER TOWELS/NAPKINS

## HOME GOODS:

- MANUAL CAN OPENER
- WATER CONTAINER
- BACKPACK OR TOTE BAG
- WATERPROOF CONTAINER

## MENTAL HEALTH:

- BOARD GAMES
- BOOKS & MAGAZINES
- HEADPHONES
- TABLET WITH MOVIES
- JOURNAL

# Supplies



## FOR BABIES:

- **BABY FOOD & FORMULA**
- **BOTTLES & DIAPERS**
- **EXTRA WATER**

## FOR CHILDREN:

- **BOOKS & TOYS**
- **TRAVEL GAMES**
- **STUFFED ANIMAL**
- **CRAYONS & PAPER**
- **EXTRA BATTERIES**

## FOR PETS:

- **FOOD & DISHES**
- **CARRIER**
- **ID TAGS & RECORDS**
- **MEDICINES**
- **PHOTO OF YOU WITH YOUR PET**